



MARCH 2023 NEWSLETTER

SANTA BARBARA/ PUERTO VALLARTA COMMITTEE



February 21, 2023

Editor: Margaret Saavedra



Amazon Smile Program Ends

Amazon is ending the Amazon Smile Program that allowed people to choose to designate a small portion of their purchases to a charity to their choice. Santa Barbara/Puerto Vallarta was a listed charity and while we received some funding it was not a significant amount. It was however, a painless way to donate. The program ends February 20, 2023.



President Margaret Saavedra

The new year 2023 is just beginning and it's been very busy so far. The events committee of the Board of Directors is planning for the upcoming year. One of the most difficult tasks is find a venue for our general meetings. Everyone enjoys attending our gatherings where they meet old friends and make new ones, but it is hard to find a venue to accommodate 50, 60 or 70 people. I would like to see more gatherings per month, such as a wine and cheese event, a social hour to make people aware of our program. I think it is important to our good health to have our gatherings.

'American Adults are Struggling to Make Friends.' This headline caught my attention. The Surgeon General states loneliness is a growing health epidemic. Psychologists tell us that making friends as busy adults has always been hard. While making new friend isn't specifically listed as a goal of Sister Cities, I think it is an added benefit to being a member of a Sister City Organization. You join one club and meet members from other sister cities and before you know you have a whole group of friends all at once!

You can be as involved as you want to be or just enjoy all the activities. No more lonely days!!

**March General Meeting
Anchor Rose
113 Harbor Way
Santa Barbara Breakwater**

Wednesday March 1, 2023

Time: 6:00 pm

Menu:

Cup of clam chowder or caesar salad

Choice of **one** entrée:

- Chile rellenos stuffed with shrimp served with black beans
- Rosemary chicken, served with mashed potatoes
- 8 oz. sirloin served with mashed potatoes

Dessert

Be sure to indicate your choice of entrée when you make your reservation!

Cost is \$40 for members/ \$45.00 non-members and includes tax and tip. RSVP to Cheli Hidalgo at ladyachel@hotmail.com or leave message on landline 805-965-1573

Puerto Vallarta and Port Hueneme, Calif – New Sister City Relationship

PUERTO VALLARTA, Jalisco, and Port Hueneme, California, formalized their ties of brotherhood today Friday 10, 2023, with the signing of the sister city agreement by the mayor of Port Hueneme professor, Robert (Bobby) Martínez and the municipal trustee, Juan Carlos Hernández Salazar, representing the municipal president, Professor Luis Alberto Michel Rodríguez; Also present were the general secretary of the City Council, Felipe de Jesús Rocha Reyes; and the Lady María de Jesús López Delgado, president of the DIF System, among others.



Bobby Martinez, Mayor of
Port Hueneme
He is also a new member of SB/PV



Bobby and Juan Carlos Salazar
Photos courtesy of Gil Garcia



Some familiar faces from our Sister Club in PV.

Santa Barbara's Other Sister Cities – Weihai, China

Did you know Santa Barbara has sister cities in China, Japan, Greece, Montenegro, Philippines, Mexico and soon a sister city in Peru? The Santa Barbara/Weihai Sister City celebrated the **“Year of the Rabbit”** on January 27. It was held at the China Pavilion with an authentic Chinese meal and a speaker explaining the signs of the Chinese Zodiac.



Jill Stassinis, President SB/Weihai



Margaret Saavedra, Alicia Sorkin, Bonnie Carroll and Takako Wakita enjoying dinner at the China Pavilion



Peter Haslund, original founder



Georgia Gastouniotis, Maria Garcia, Jan Olivas
All photos courtesy Bonnie Carroll

WELCOME NEW MEMBERS		
Susan Cisneros		
Luis Moreno		
Lydia Swanson		
WELCOME RENEWING MEMBERS		
Norma & Sebastian Aldana Jr.	Linda Gunther	Elsy G. Nelson
Romelia Alvarado	Ann Hefferman	Joaquin & Suki Ornelas
Robert & Rebecca Betancourt	Mike Hernandez	John Otchis
Aileen Chambers	Cheli Hidalgo	Martha Chavez & Antonio Rodriguez
Guy de Mangeon & Patricia Juin	Kathy Koury	Chris Roybal
Tony De Paco	Aurora Adela Marquez	Linda Ruuska
Carmen Flores	Sylvia Mendoza-Ceja	Rosemary Santillan
Jorge A. Guerrero	Art & Barbara Najera	Barry S. Shulman

THE SANTA BARBARA SISTER CITIES BOARD PRESENTS

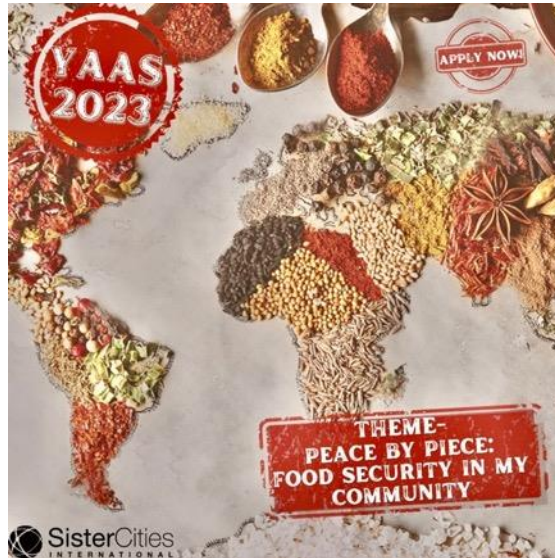


YOUNG ARTISTS & AUTHORS SHOWCASE

This year's theme

**Peace by Piece:
Food Security in
my Community**

see resources @
sistercities.org



Submission
deadline is April
15, 2023

First Prize is \$250,
2nd is \$150 and
3rd is \$100

Sister Cities International announces the annual Young Artist and Authors Showcase (YAAS). The showcase encourages youth and member communities to submit innovative, thoughtful, and impactful creations that emphasize various aspects of food security including the impact of climate change on food production and food consumption, in their own communities.

Artist must be between 13 – 18 years old and residents of Santa Barbara's South Coast or one of Santa Barbara's Sister Cities.

How to Enter

Artwork can be delivered to
Garcia Architects, 122 E. Arrellaga
St., call ahead 805-689-2588

Reception:

Judging and reception will be April 22, 2023
from 2 – 4pm at 2215 Santa Barbara St.
All artists are invited to attend

Art

Must be two dimensional,
unframed, and no larger than 24
in x 36 in. or 61 cm by 91.5 cm

Poets

Poetry must not exceed 200 words
Submissions must be in English

MORE
INFO



<https://sistercities.org/YAAS>



Sister Cities International



@SisterCitiesInt

Email [msaavedra - lk4maggie@gmail.com](mailto:msaavedra-lk4maggie@gmail.com);

[gilgarcia at gil@gilgarcia-aia.com](mailto:gilgarcia@gilgarcia-aia.com)



Mayor Rowse administering the Oath of Office of the Board Members present.

Wellness Committee

Our Wellness Committee likes to send a send a cheerful a card to any member who is ill or injured or suffers a serious family event. This month a card went out to Scott Burns, a new board member who fell and has his right arm in a cast. Maria Sanchez received a sympathy card on the passing of her younger brother in late January. Your truly has been fighting the flu and a cold for about 6 weeks also received a cheery get well card. Many thanks to our Wellness committee.



Board of Directors 2023

Margaret Saavedra, President	805-708-0770	Lk4maggie@gmail.com
Araceli 'Cheli' Hidalgo, 1 st V.P. Membership	805-965-1573	ladylachel@hotmail.com
Tony De Paco, 2 nd V. P.	805-451-1621	tonydepaco@hotmail.com
Alicia Sorkin, Recording Scty	xxx-xxx-xxxx	sorkina@msn.com
Bonnie Carroll, Corres. Scty.	xxx-xxx-xxxx	writebc@aol.com
Gil Garcia, Treasurer	805-680-2588	gil@gilgarcia-aia.com
Alma Ruth Vaja	805-284-4567	almavaja@yahoo.com
Maria Sanchez	805-455-5542	maria.sanchez0101@yahoo.com
Joseph Mulvihill, Director	805- 758-8700	drjoehill@gmail.com
W. Scott Burns, Director	805-448 8110	Wscott@wsburns.com
Sebastian Aldana, Pres. ExOficio	805-304-3637	sbsebas@gmail.com



Feb 1. Dinner at Cesar's
Mayor Randy Rowse was invited to do the Swearing in of our Board of Directors elected in December 2023. Council Member Oscar Gutierrez was also present, he is the Council Rep for the Santa Barbara Sister Cities Advisory Board.



Greek Independence Day Celebration
Saturday, March 18, 2023, 5:30 pm
At the Saint Barbara Event Center



1205 San Antonio Creek Rd.

Santa Barbara, CA

SPONSORED BY:

**AHEPA & Santa Barbara-
Patras Sister Cities**

Proceeds to benefit Patra's

Karamandaneio Children's Hospital

PROGRAM:

Speaker(s), Appetizers

Lenten Fish Dinner,

No Host Bar

Live Greek Music

Dance Performance

Dance Lessons,

Raffle

Questions: email:

George at:

gpapazach@msn.com

Or (805) 729-2355



RSVP BY MARCH 4th

Adults \$50 / Students (under 22) \$30

Past March 4th or at the door

(Tickets will be limited at the door)

Adults \$60 / Students \$35

Children under 10 years old are free

FOR RESERVATIONS CLICK EVENTBRITE BELOW

<https://www.eventbrite.com/o/santa-barbara-ahepa-and-sb-patras-sister-cities-59886188293>

Santa Barbara AHEPA and SB-Patras Sister Cities www.eventbrite.com

Or ReserveDETACH AND MAIL.....

Name(s): _____

Contact Phone #: _____ **Email:** _____ **Date:** _____

Number attending: Adults _____ **Children** _____ **Total \$** _____

Fish Dinner Choice: Number of Salmon: _____ **Number of Shrimp:** _____

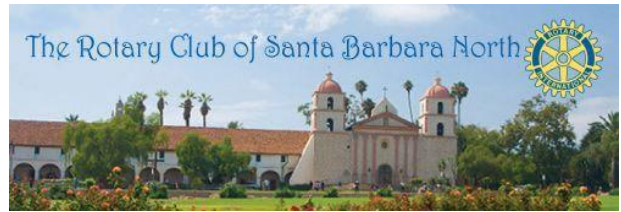
I am unable to attend and would like to make a donation to Patra's Children's Hospital \$ _____

Make check payable to: AHEPA #243 & mail order form with your check to:

George Papazacharioudakis at 6970 Scripps Crescent St. Goleta, 93111



The Berry Man, Inc.
Wholesale Produce
205 W. Montecito Street
Santa Barbara, CA
93101



Cesar's Place Restaurant
Seafood & Mexican Food
712 N. Milpas Street
Santa Barbara, CA 93103
(805) 884-0964



**Mayo's Carniceria
& Tacos**
Delicious Mexican Food
2704 De la Vina Street
Santa Barbara, CA
93105

Coast Reprographics
Reprographic & Copy Services
228 E. Cota Street
Santa Barbara, CA 93103
(805) 962-9155

Tacos Pipeye
Mexican food Truck

217 N. Milpas St. 9 am - 9 pm	524 N. Milpas St. 7 pm - 11:30 pm
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Tuesday - Sunday

Gilbert Garcia
122 E. Arrellaga Street
Santa Barbara, CA 93101
(805) 965-8561



15 W. Carrillo Street
Suite 100
Santa Barbara, CA 93101
(805) 284-2037

ANACAPA

CONCRETE

Robert F. Najera
(805) 963-8812
www.anacapaconcrete.com

Santa Barbara Puerto Vallarta
Sister City Committee
P.O. Box 3178
Santa Barbara, Ca 93130